



#AbleTo

tap into talent

Course #4

Keep and grow talent



Performance outcome: Embrace wellness and inclusive practices to retain and manage talent with disabilities

MODULE

4.1 Focus on wellness

Learning objective:
Describe and discuss a safe, healthy workplace and mental health at work

- What is wellness?
- Addressing mental health at work
- Understanding stress and burnout
- Creating a healthy and resilient workplace

MODULE

4.2 Manage and develop talent

Learning objective:
Identify requirements and select inclusive practices

- Retain talent with disabilities
- Performance management
- Learning and development
- Managing return to work

MODULE

4.3 Reinforce inclusive culture

Learning objective:
Review and choose actions to “bring to life” an inclusive culture

- Refine inclusive practices
- Build disability awareness and confidence
- Deal with inappropriate behaviour
- Encourage and celebrate inclusion

START LEARNING NOW AT

[AbleTo.ca/learn](https://ableto.ca/learn)

- ▶ Bite-sized, self-guided learning
- ▶ A training toolkit to tailor group sessions
- ▶ Tools to move from learning to action

Contact: info@ableto.ca



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