



#AbleTo

tap into talent

Course #4

# Keep and grow talent



Performance outcome: Embrace wellness and inclusive practices to retain and manage talent with disabilities

## MODULE

### 4.1 Focus on wellness

Learning objective:

**Describe and discuss a safe, healthy workplace and mental health at work**

- What is wellness?
- Addressing mental health at work
- Understanding stress and burnout
- Creating a healthy and resilient workplace

## MODULE

### 4.2 Manage and develop talent

Learning objective:

**Identify requirements and select inclusive practices**

- Retain talent with disabilities
- Performance management
- Learning and development
- Managing return to work

## MODULE

### 4.3 Reinforce inclusive culture

Learning objective:

**Review and choose actions to “bring to life” an inclusive culture**

- Refine inclusive practices
- Build disability awareness and confidence
- Deal with inappropriate behaviour
- Encourage and celebrate inclusion

START LEARNING NOW AT

[AbleTo.ca/learn](https://ableto.ca/learn)

- ▶ Bite-sized, self-guided learning
- ▶ A training toolkit to tailor group sessions
- ▶ Tools to move from learning to action

Contact: [info@ableto.ca](mailto:info@ableto.ca)



This project is funded in part by the Government of Canada and the Government of Ontario.

